SPEAKER ONE-SHEET

# Megan M. Malick

LMFT, MA, MDiv

Certified Brainspotting Practitioner

She Recovers Professional & Conscious Grieving Professional

GRIEF GUIDE · VOCATIONAL DOULA · AUTHOR · FACILITATOR · SPEAKER · FOUNDER OF A NEW PATH

## ABOUT MEGAN

Megan Malick has been first of the last her whole life — starting programs in their final year, arriving to find the card catalogue gone and no textbook for the curriculum. She's had to make the path while walking it. So she became native to liminal space — that uncomfortable territory between what was and what's next. Turns out, that's exactly where grief lives. And transition. And becoming.

She is a therapist, grief guide, vocational doula, and author of *A New Path* — *and she helps people get comfortable in the woods.*

## MEGAN HELPS YOU

- Make space for grief — without losing the thread of your life
- Understand grief as more than death, and why that changes everything
- Integrate the practical and the emotional, because they were never meant to be separate
- Lead and live from your whole self, not just the parts that look put-together
- See recovery, emotional, and spiritual wellbeing as a pathway for all people in work, life, and in grief
- Find your footing when the ground keeps shifting

## WHAT AUDIENCES SAY

*"Megan speaks with clarity and heart. Her blend of wisdom, science, and soul brings calm to chaos and compassion to leadership."*

SANDRA ORDNORFF · ENNVISION COACHING

## KEYNOTES

### Right Where You Are

*Learning to Live in the Liminal Spaces*

Most of us have been taught to push through grief, change, and loss. Megan invites audiences into a different possibility: that the place we most want to escape is often where we most come alive — and that the people who feel the most may be the most equipped to lead the way.

### First of the Last

*Making the Path While Walking It*

Megan has started programs in their final year her whole life. No card catalogue. No textbook. No map. What she discovered is that making the path while walking it isn't a disadvantage, it's her calling. This is the talk for anyone who has ever been handed a red binder and told the curriculum doesn't exist anymore.

## ADDITIONAL TALK TOPICS

### The Invisible Load
Recognizing the Emotional and Mental Aspects of Grief

### The Gift of Recovery in Grief

### Tending and Befriending Stress
Navigating Burnout, Compassion Fatigue and Moral Injury

### Head & Heart
Leading Through Loss and Change

### Gaze and Ground
Brainspotting-Informed Practices for Stress, Change & Grief

### Planning for Peace
How Paperwork Supports Your Hard Conversations

## BOOKING & CONTACT

Based in Lancaster, PA · Available for virtual and in-person events

megan@a-new-path.com
a-new-path.com
(717) 575-5274